

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# MARCH 2025

## SCANDINAVIAN ASSISTED LIVING COMMUNITIES

							9:30AM COFFEE & NEWS 10:30AM EXERCISE 2:30PM BINGO 4:00PM SOCIAL TIME	1					
9:30AM COFFEE & NEWS 10:30AM CATHOLIC COMMUNION 11:00AM WORSHIP SERVICE 2:30PM DOMINOES 3:30PM COFFEE HOUR	2	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM DIY MARDI GRAS MASKS 3:00PM GROUP CROSSWORD 4:30PM SOCIAL TIME	3	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM DOMINOES 2:00PM MARDI GRAS CUPCAKE DECORATING 3:00PM MARDI GRAS TRIVIA 4:30PM SOCIAL TIME <small>Mardi Gras</small>	4	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 10:45AM ASH WEDNESDAY MASS W/ DEACAN PAUL 2:30PM POKENO 3:30PM SCRABBLE 4:30PM SOCIAL TIME	5	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM MYSTERY RIDE 2:30PM TRIVIA & MORE 3:30PM CARD GAME 4:30PM SOCIAL TIME	6	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM MOVIE DAY 4:00PM ROSARY W/ LEIGION OF MARY 4:30PM SOCIAL TIME	7	9:30AM COFFEE & NEWS 10:30AM EXERCISE 2:30PM BINGO 4:00PM SOCIAL TIME	8
9:30AM COFFEE & NEWS 10:30AM CATHOLIC COMMUNION 11:00AM WORSHIP SERVICE 2:30PM TRIVIA 3:30PM COFFEE HOUR  <small>Daylight Saving Time Begins</small>	9	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM BINGO 3:00PM GROUP CROSSWORD 4:30PM SOCIAL TIME	10	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM NAME THAT LOGO 2:00PM DIY SHAMROCK PRETZELS 3:00PM TRIVIA 4:30PM SOCIAL TIME	11	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM NAME THAT TUNE / SHOPPING 2:00PM RESIDENT COUNCIL 2:30PM SAINT PATRICK'S CRAFT 3:30PM SCRABBLE 4:30PM SOCIAL TIME	12	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM DOMINOES 2:30PM BOB TREMBLY 3:30PM BINGO 4:30PM SOCIAL TIME  <small>Purim Begins</small>	13	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM ST. PATRICK'S PAINT & SIP 4:00PM ROSARY W/ LEIGION OF MARY 4:30PM SOCIAL TIME	14	9:30AM COFFEE & NEWS 10:30AM EXERCISE 2:30PM BINGO 4:00PM SOCIAL TIME	15
9:30AM COFFEE & NEWS 10:30AM CATHOLIC COMMUNION 11:00AM WORSHIP SERVICE 2:30PM DOMINOES 3:30PM COFFEE HOUR	16	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM SHAMROCK TRUCK CRAFT 3:00PM GROUP CROSSWORD 4:30PM SOCIAL TIME  <small>St. Patrick's Day</small>	17	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM DOMINOES 2:00PM RESIDENTS CHOICE 3:00PM TRIVIA 4:30PM SOCIAL TIME	18	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM NAME THAT TUNE 2:00PM APRIL PROGRAM MEETING 3:30PM SCRABBLE 4:30PM SOCIAL TIME	19	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM WHEEL OF FORTUNE / MYSTERY RIDE 2:00PM TRAVEL VLOG TO GREECE!! 2:30PM CHEFS TABLE 4:30PM SOCIAL TIME  <small>Spring Begins</small>	20	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM JEOPARDY 4:00PM ROSARY W/ LEIGION OF MARY 4:30PM SOCIAL TIME	21	9:30AM COFFEE & NEWS 10:30AM EXERCISE 2:30PM BINGO 4:00PM SOCIAL TIME	22
9:30AM COFFEE & NEWS 10:30AM CATHOLIC COMMUNION 11:00AM WORSHIP SERVICE 2:30PM TRIVIA 3:30PM COFFEE HOUR	23	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM BINGO 3:00PM GROUP CROSSWORD 4:30PM SOCIAL TIME	24	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM NAME THAT LOGO 2:00PM UNO CARD GAME 3:00PM TRIVIA 4:30PM SOCIAL TIME	25	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM NAME THAT TUNE 2:30PM KERPLUNK 3:30PM SUNSHINE CARDS W/ ELAN 4:00PM SCRABBLE 4:30PM SOCIAL TIME	26	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM DOMINOES 11:30AM LUNCH OUTING 2:30PM VINI AMES 3:30PM FLIP (CARD GAME) 4:30PM SOCIAL TIME	27	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM RESIDENTS CHOICE 4:00PM ROSARY W/ LEIGION OF MARY 4:30PM SOCIAL TIME	28	9:30AM COFFEE & NEWS 10:30AM EXERCISE 2:30PM BINGO 4:00PM SOCIAL TIME	29
9:30AM COFFEE & NEWS 10:30AM CATHOLIC COMMUNION 11:00AM WORSHIP SERVICE 2:30PM DOMINOES 3:30PM COFFEE HOUR	30	9:30AM COFFEE & NEWS 10:30AM MORNING EXERCISE 11:00AM LONGWORD 2:00PM BINGO 3:00PM GROUP CROSSWORD 4:30PM SOCIAL TIME	31	<b>HEALTH &amp; WELLNESS</b> <b>OUTINGS</b> <b>CREATIVE EXPRESSION</b> <b>RESIDENTS CHOICE</b> <b>BRAIN GAMES</b> <b>GAMES</b> <b>SOCIALS &amp; EVENTS</b> <b>SPIRITUAL</b>									
			 MARCH 4 <sup>TH</sup>	 MARCH 9 <sup>TH</sup>	 MATTEO'S BIRTHDAY MARCH 16 <sup>TH</sup>	 MARCH 17 <sup>TH</sup>	 VIRGINIA'S BIRTHDAY! MARCH 20 <sup>TH</sup>	 MARCH 20 <sup>TH</sup>					

ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE. ALL SCHEDULED OUTINGS ARE WEATHER PERMITTING. SCANDINAVIAN COMMUNITIES 50 WARWICK AVE. CRANSTON RI. 02905